

Workshop Spotlight: *We're Pleased to Present...*

David Alan Lucas and Claudia Brooke



Workshop: "Self-Defense and Real Life Physical Conflict for the Writer"

**New Venue: Kirkwood
Community Center, 111 S. Geyer,
Kirkwood 63122.**

Get [map and directions](#).

Date: Saturday, June 6, 2009

Time: 10 AM until noon

SLWG members attend for FREE; \$5 fee for non-members

Please [register in advance](#)

Have you ever been in a strange city and felt someone's eyes on you? Have you ever been in a situation where you felt uncomfortable and afraid that you might be attacked?

If so, come to the June 6, 2009 St. Louis Writers Guild workshop, "Self Defense and Real Life Physical Conflict for The Writer," taught by **DAVID ALAN LUCAS**, Nidan (Second Degree Black Belt) and **CLAUDIA BROOKE**, Nidan (Second Degree Black Belt). In this workshop, we will explore the truth of violence, how to relate it in your stories, and how to protect yourself—no matter your age, sex, or size—in a practical manner. Do you have a pen or pencil? GOOD!!! You will learn how the pen is truly mightier than the sword in a way most never think of.

David Alan Lucas has studied multiple styles of martial arts for 31 years and is Nidan in Chinese Kenpo. Claudia Brooke, Nidan in Chinese Kenpo, has studied martial arts for 13 years, has been the number one women's regional fighter under Black Belt for 5 years and number one women's regional Black Belt fighter for 2 years. Both David and Claudia are writers, and David is the St. Louis Writers Guild Membership Chairman.