

## LINDA C. SENN

**Linda C. Senn** is an author and publisher, teacher, consultant, and an adjunct instructor at University of Missouri-St. Louis. She teaches nonfiction writing, developed the full day “Wonderful World of Journaling,” “Dealing with Divorce,” and “Celebrating Your Inner Joy” workshops, and gives presentations on a wide variety of topics. Linda is a member and past president of the St. Louis Publishers’ Association and belongs to ESPW (Encouraging, Supporting and Promoting Women). As a consultant, Linda teaches and coaches people in nonfiction writing, especially business-oriented books, booklets, workbooks and manuals, and in the business of self-publishing. In 1995, Linda founded Pen Central Communications; and in 1998, she opened the publishing division, Pen Central Press. She also does private teaching and consulting.

### **Linda Senn's Books, Presentations, Workshops, and Appearances**

#### **Books:**

*The Many Faces of Journaling: Topics & Techniques for Personal Journal Writing* (2001)

*And Now We Dance: Journaling for the Woman Within* (2001)

*Your Pocket Divorce Guide* (1999)

*The Basic Divorce Workbook* (1999)

*The Divorce Recovery Journal* (1999) (co-authored with Mary Stuart)

*10 Effective Ways to Promote Your Seminars* (1998) (currently being updated)

#### **Linda gives presentations and workshops on these topics:**

The Many Faces of Journaling

Journaling for Writers

Journaling for the Next Generation

Create Fascinating Family Memoirs

Writing Your Own Memoirs

Rediscover the Phenomenal Woman Within

Write Your Non-Fiction Book

The Business of Self-Publishing

Boost Your Creativity through Journaling & Other Nifty Methods

Coping with Change: Dealing with Life’s Transitions

Preparing for Divorce

Emotional Recovery from Divorce

Rediscover Your Self Esteem

Helping Your Adult Children Deal with Your Divorce

#### **Linda has appeared at these places:**

University of Missouri-St. Louis (adjunct instructor)

Working Women’s Survival Show (workshop),

Today in St. Louis (KSDK-TV),

St. Louis on the Air KWMU radio,

Francesca Ferentelli’s Psych Talk KDHX radio,

Borders Books & Music Stores  
Barnes & Noble Book Stores  
Kids in the Middle,  
West County Singles,  
Solo Singles,  
Eliot Unitarian Chapel,  
The Living Insights Center  
The Healing Arts Center  
The Center for Mind, Body & Spirit

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